



JARRETT FERTILITY GROUP

BUILDING FAMILIES SINCE 1985

Name: _____

Month(s) _____ Year _____

Basal Body Temperature Chart

Cycle day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
Date of month																																								
I.C.																																								
Menses																																								
Meds																																								
99.0																																								
98.8																																								
98.6																																								
98.4																																								
98.2																																								
98.0																																								
97.8																																								
97.6																																								
97.4																																								
97.2																																								

Notes: _____

NORTH 11725 Illinois Street, Suite 515 • Carmel, IN 46032 • Phone 317.814.4110 • Toll Free 888.674.0101 • Fax 317.814.4114

WEST 1111 Ronald Reagan Parkway, Suite • C-1100 Avon, IN 46123 • Phone 317.217.2525 • Toll Free 888.674.0101 • Fax 317.217.2535

SOUTH 8051 S. Emerson Avenue, Suite 410 • Indianapolis, IN 46237 • Phone 317.888.1242 • Toll Free 800.944.4743 • Fax 317.888.1557